

Social Skills Resources

Tenafly District is partnered with Care Plus NJ to provide mental health support for the school community. Clinical Program Managers Mackenzie Kuhl, LSW and Heather Brown-Huston, LPC are available to assist K-12 families throughout the district with referrals and local resources for mental health. Feel free to reach out to them at **201-816-4900 x4223 (Mackenzie)** or **201-816-6626 (Heather)** for further assistance.

CATS: Children's After-School Treatment Services,

(201) 336-7350, Paramus, NJ
www.co.bergen.nj.us/familyguidance

CarePlus NJ - Social Skills Group,

(201) 797-2660 x5286, Fair Lawn, NJ
www.careplusnj.org

Child Success Center at the Kaplen JCC on the Palisades,

(201) 408-1439, Tenafly, NJ 07670
<http://www.jccotp.org/child-success-centercsc@jccotp.org>

Tenafly Therapy Group,

(201) 580-5085, Cresskill, NJ
<https://www.tenafly-tg.com/social-skills-groups>

Focus Child Therapy Center,

(201) 894-5800, Tenafly, NJ
<https://www.focustherapycenter.com/social-skills-1>

Tenafly Speech and Language Center,

(201)-871-5900, Englewood, NJ
http://tenaflyspeech.com/TSLC_SocialGroup.html

The 24/7
Performcare
hotline for
youth in crisis
in NJ is 877-
652-7624. A
parent or
guardian
must call



This resource is provided for informational purposes only and is not intended to be a substitute for professional advice, diagnosis, or treatment or to indicate endorsement or recommendation by Care Plus NJ, the District or Board for any particular service or agency. Always seek the advice of your mental health professional or other qualified health care provider with any questions you may have and consider your provider's guidance in determining the best course of action in your particular circumstance. The listed resources are provided for your reference.