

Executive Functioning Resources

These agencies indicate on their websites that they provide executive functioning resources and groups. Some accept insurance and others do not.

Tenafly District is partnered with Care Plus NJ to provide mental health support for the school community. Clinical Program Managers Mackenzie Kuhl, LSW and Heather Brown-Huston, LPC are available to assist K-12 families throughout the district with referrals and local resources for mental health. Feel free to reach out to them at **201-816-4900 x4223(Mackenzie)** or **201-816-6626 (Heather)** for further assistance.

ADHD Support Group, Bergen Chapter

<https://www.chadd.net/chapter/545>

Focus Therapy Center, (201) 894-5800

120 County Road, Suite 101. Tenafly, NJ

<http://www.focustherapycenter.com/>

The Kahane Center for Developmental and Psychological Well-Being, (201) 894-9011

401a South Van Brunt Street, Englewood, NJ

<http://thekahanecenter.com>

NYU Child Study, (646) 754-4958

<https://nyulangone.org/locations/child-study-center/attention-deficit-hyperactivity-behavior-disorders-service>

Tenafly Neurofeedback, (201) 397-3657

140 County Rd., Tenafly NJ

<https://www.tenaflyneurofeedback.com/>

West Bergen Mental Health Care, (201) 934-1160

One Cherry Lane, Ramsey, NJ 07446

<https://westbergen.org/adhd/>

The 24/7 Performcare hotline for youth in crisis in NJ is 877-652-7624. A parent or guardian must call



This resource is provided for informational purposes only and is not intended to be a substitute for professional advice, diagnosis, or treatment or to indicate endorsement or recommendation by Care Plus NJ, the District or Board for any particular service or agency. Always seek the advice of your mental health professional or other qualified health care provider with any questions you may have and consider your provider's guidance in determining the best course of action in your particular circumstance. The listed resources are provided for your reference.